

## RAC-BC - LOWER MAINLAND LIBRARY COLLECTION

### BOOKS

TITLE

AUTHOR

#### ACUPUNCTURE

How to apply Face, Nose, Hand and Foot Acupuncture	Dr. L.K. Kho
Shiatzu	Anika Bergson
Su Jok Therapy	Park Jae Woo
The Healing benefits of Acupressure	F.C. Houston

#### ANATOMY

Atlas of the Human Anatomie - Script	Maureen W. Groer
Basic Pathophysiology	Henry Gray
Gray's Anatomy	Freddy Stark
Gray's Anatomy	Emmanuel Horovitz
Heart Beat	Gyls and Wedding
Medical Terminology	Faddis and Hayman
Pharmacology	Gerald J. Tortora
Principles of Anatomy and Physiology	Edward Bauman
The Holistic Health Handbook	Darling Kindersley
The Visual Dictionary of the Human Body	

#### AROMATHERAPY

Aromatherapy	Christine Westwood
Aromatherapy for Women	Maggi Tisserand
Ayurveda - The Science of Healing	Dr. Vasant Lad
The Scented Room	Barbara Mila Ohrbach

#### GENERAL HEALTH

Arteriosclerosis and Herbal Chelation	Hanna Kroeger
Arthritis - don't learn to live with it	Carlton Fredricks
Body Type Program	Elliot D. Abravanel
Dealing with Memory Changes as you grow older	Kathleen Gose
Doctor-Patient Handbook	Bernhard Jensen
Folk Medicine	D.C. Jarvis
Health Handbook	Louise Tenney
Home Remedies	Agathe Trash
Lecithin Book	Carlson Wade
Lets get well	Adelle Davis
Manual of Hydrotherapy and Massage	Pacific Press Publishing Association
Overcoming Allergies	Chris Green
Successful Stress Control	David Hoffmann
Swiss Nature Doctor	A. Vogel
The Cure for all Cancers	Hulda R. Clark
Tissue Cleansing through Bowl Movement	Bernhard Jensen

Vascular Cleansing

David Rowland

## **HERBS**

Gerald's Herbs  
Global Herb Manual  
Herbs  
Herbs  
Herbs that Heal  
Herbs through the seasons at Capriland  
In Praise of Wild Herbs  
Kelp - The Health Giver  
Living Naturally with Herbal Formulations Manual  
The Healing Power of Herbal Teas  
The Herb Patch  
The Herbal Pharmacy  
The Herbalist  
The Old Herb Doctor

Marcus Woodward  
Zeke Fortiseon  
Kenneth A. Beckett  
Patrick Lima  
Michael A. Weiner  
Adelma Grenier Simmons  
Ludo Chardenon  
Eric F. W. Powell

Ceres  
Janet Vickers  
Dr. John Heinerman  
Joseph E. Meyer  
Joseph E. Meyer

## **REFLEXOLOGY**

1996 China Reflexology Symposium Report  
Better Health with Foot Reflexology  
Body Reflexology  
Care of the Feet  
Food through the Feet  
Foot Health  
Good Health for the Future  
Hand and Foot Reflexology  
Health in your Hands  
Language of the Feet  
Reflex Zone Massage  
Reflexology  
Reflexology Footmassage for total Health  
Stories the Feet can Tell thru Reflexology  
The RWO Shur Health Method  
The Therapeutic Touch  
Walk don't Run  
Zone Therapy  
Zone Therapy

Dwight C. Byers  
Mildred Carter  
Sue Berkman  
Liz Graham  
Mortan Walker  
Hedi Masafret  
Sandi Rogers  
Devendra Vora  
Chris Stormer  
Franz Wagner  
Nicola M. Hall  
Inge Dougans  
Eunice D. Ingham  
Geraldine Tay  
Dolores Krieger  
Dr. Simon J. Wikler  
Anika Bergson  
Dr. Benedict Lust

## **KINESIOLOGY**

E-K for Kids  
Personalized Whole Brain Integration  
Right-Left Brain Reflexology  
Tough for Health  
Your Body doesn't lie

Paul E. Dennison  
Paul E. Dennison  
Madeleine Turgeon  
John F. Thie  
John Diamond

## **NUTRITION**

Allergy Cooking

Marion L. Conrad

Allergy free Cookbook  
 Applied Nutrition  
 Flax oil as a true Aid against Arthritis  
 Food combining made easy  
 Hypoglycemia - A better Approach  
 Hypoglycemia control Cookery  
 Northwestern Wild Berries  
 Nutrition Almanac  
 Spices to the Rescue  
 The Healing Power of Pollen  
 The Master Cleanser  
 Way to Weight Loss  
 Yeast to free Living

Fran Gare Mandell  
 Healthful Living Digest  
 Dr. Johanna Budwig  
 Herbert M. Shelton  
 Paava Airola  
 Dorothy Revell  
 J.E. Underhill  
 John D. Kirshmann  
 Hanna Kroeger  
 Maurice Hannssen  
 Stanley Burroughs  
 Rodale Press Inc.  
 by Annette Annechild

**SPIRITUAL**

The Seven Spiritual Causes of Ill Health  
 The Strange Human Light

Hanna Kroeger  
 Peng Jici Ling

**VITAMINS AND .....**

Complete Book on Vitamins and Minerals  
 The Pill Book  
 The Nutrition Deficiency Test

Editors of Consumer Guide  
 Harols M. Silverman  
 Dr. Donsbach

**DVD's and VIDEOS**

**Please note: DVD's are currently not available unless otherwise noted.**

TITLE	VIDEO	DVD
Anatomy, Physiology and Reflexology	2 tapes	
Finger Fitness Expert - by Greg Irwin	1 tape	
How to do Reflexology - Step by Step	2 tapes	
Pathology and Reflexology - Tape 1 - Gastrointestinal System	3 tapes	
Pathology and Reflexology - Tape 2 - Cardiovascular System	2 tapes	
Pathology and Reflexology - Tape 3	3 tapes	
Pathology and Reflexology - Tape 4	2 tapes	
Pathology and Reflexology - Tape 5	3 tapes	
Pathology and Reflexology - Tape 6	3 tapes	
Pathology and Reflexology - Tape 7	2 tapes	
Pathology and Reflexology - Tape 8	4 tapes	
Pathology and Reflexology - Tape 9	1 tape	
Pathology and Reflexology - Tape 10	1 tape	
Pathology and Reflexology - Tape 11	2 tapes	
Reflexology - Shiatzu - by Dr. Vladimir Shmitsman	1 tape	
Reflexology for Everybody - A Guide	1 tape	
RWO Shur - 90 Worldwide Conference - Tokyo	1 tape	